

Achieve Younger Looking, Healthier  
Skin with Nutra-Lift® Skin Care

## Better Cleansing is Key to Achieve Younger Looking Healthier Skin!

*"With the Grapeseed Polish my skin looks so much brighter. An instant improvement in the tone, texture, and clarity."*

– W. Chesser, Baltimore, MD

No matter what products you may use, they can leave a film on your skin or layers of imbedded residue from product ingredients, even after normal cleansing. These ingredients are used to keep the product together and to stabilize the ingredients so the product looks and stays consistent when used. Even though we use small amounts of these ingredients in our skin care products, they can still lead to a build up & block the delivery of key vitamins & nutrients into the inner skin. These emulsifiers, oils, stabilizers, other non-nutrient binders, have no importance in improving your skins' look nor your skins' health. They just make the product look better, create better product consistency and make them easier to apply. Therefore, we do not recommend any bar soaps or cleansers with oils, because they contain high amounts of such ingredients.

Many customers complain of dry skin ... and in many cases this is due to a build up of the nonessential, non-nutrient ingredients (especially products with SPF) that do not come off easily with normal cleansing. When you think you are feeling dry skin, you are actually feeling the residue of these ingredients on the outer layer of the skin ... that remains even after washing. Therefore we highly recommend using the Grape Seed Foaming Face Polish several times per week, or the Refine & Replenish Daily Scrub to guarantee that all of this build up is removed. We also recommend the use of a fresh and clean wash cloth each time for proper cleansing with our Herbal Non Soap Cleanser, Glycolic Non-Soap and our Anti-Aging Cleansing Milk. A wash cloth also helps rid the skin of this build-up. With thorough cleansing, the skin can breathe better and the outer skin and the inner cells can absorb more nutrients from the skin care products.

All of our cleansing products are non-detergent, non-soap and do not leave a film on the skin. They also have a built in toner for most skin types. Special Toners are still recommended for people with extra skin care needs.

Nutra-Lift® Skin Care

TOLL FREE 1-888-913-7373

[www.nutra-lift.com](http://www.nutra-lift.com)

*Nutra-Lift®*

*The Herbal  
NonSoap is the  
Best cleanser I  
have ever used.  
Please make it in  
a larger size.*

– Lucy W., Madison, WI

*Facial  
Cleansing*



# Proper Cleansing is Key to Achieve Younger Looking Healthier Skin.

**Herbal Nonsoap Face Cleanser** A mask, an exfoliant, a cleanser, a moisturizer, a toner and make-up remover all-in-one. A treatment perfect for use with the Nutra-Lift® Brand of Cosmeceutical treatments. Contains herbal extracts, anti-oxidants and vitamins for younger, healthier looking skin. Plus Hyaluronic Acid and Lipadure for more moisture. Leaves no film (important so skin treatments can be absorbed) on the skin. Non-Detergent natural foaming agent made from wheat germ. Good overall everyday cleanser. Good for Normal & Oily Skin. *4 oz / 8 oz bottle*

**Anti-Aging Organic Cleansing Milk** Clean, fresh, moist and silky skin is just moments away. A non-soap non-foaming cleanser designed especially for dry, mature or sensitive skin. Cleanses, moisturizes, nourishes, and mildly exfoliates with seaweed ... plus the power of anti-aging, Anti-oxidants and organic rose hips. Moisture, Moisture & More Moisture – a mild exfoliating anti-aging organic cleansing milk with 70% certified organic extracts plus, seaweed, Vitamin C ester, DMAE, A-Lipoic acid, grape seed, active copper. For dry, mature or sensitive skin. *8 oz pump bottle*

**Oxygen Toner Plus** Moisturizing Anti-Oxidant formula. The Oxygen Toner Plus freshens, brightens, and helps establish proper PH level for the skin. It also helps eliminate skin impurities & waste. A toner that can be used every day for extra cleansing. Helps reduce oil. The mild anti-bacterial properties also help prevent minor breakouts. Good for all skin types. *4 oz bottle*

**Grape Seed Foaming Face Polish** A mask, a polish, a cleanser & toner all-in-one. A treatment provided by the most exclusive spas can now be done in the comfort of your own home. Grape Seed Foaming Face Polish removes dead cells and stimulates your skin with the power, nutrition and the anti-aging benefits of the renowned Muscadine Grape seed & skin. The Muscadine Grape has up to 2500 percent more Anti-oxidants, phenols and flavonoids (ella-gic acid the known natural anti-cancer agent) than any other fruit or berry. Recent medical research indicates that Anti-Oxidants and certain herbs contained within, give even more protection from the sun. In addition grapes are high in reseravatrol, known to reduce the aging process up to 80 percent. Plus volcanic pumice & blueberry skins create a robust and exhilarating polish to refinish the skins' surface. Helps refine skin texture & tone and helps unblock clogged pores. Maximizes skins nourishment with a packed combination of certified organic honey, exclusive moisturizers, essential vitamins, herbs, minerals and DMAE. For luminous, velvety smooth, healthy skin. Good for Normal & Dry skin. *4 oz jar*

**Firming Toner Plus** With Collagen & Elastin. Firms, Tightens & Mildly Exfoliates. Maximum Anti-Oxidant Formula plus seaweed, white cranberry & pomegranate. Excellent freshener for mature, sensitive or dry skin. Can be used day or night after cleansing to remove traces of make-up or other residue. Prepares the skin for other anti-aging treatments. Good for all skin types. *4 oz bottle*

**Refine & Replenish Mild Scrub** With Mushroom Beta Glucan, for extra moisture & brightness. Nourishes, moisturizes, cleanses, exfoliates, refines pores & brightens all in one step! A mild scrub that can be used daily, for most skin types, to remove any build-up ... cleanses & moisturizes the skin thoroughly. Made with 80% organic ingredients, numerous powerful Anti-oxidants plus extra moisture to keep your skin fresh all day. With Oat and Mushroom Beta Glucans that nourishes the skin with over 120 amino acids. Daily foaming scrub good for most skin types. *4 oz bottle*

**Glycolic Plus Non Soap Cleanser** NEW Anti-Aging formula. With the added exfoliation of 10 % glycolic acid. In an organic base with the Anti-oxidant power of Green Tea, Extracts of Pomegranate & White Cranberry. For mature, extra dry or sun damaged skin. *4 oz bottle*

**Silver Plus Ultra Facial Toner** With the amazing anti-bacterial ionic silver, this formula significantly helps heal & reduce inflammation and irritation created from bacteria, harsh facial treatments or cleansers. Helps reduce acne conditions. Silver Plus not only oxygenates the skin but helps reduce oil. Plus the anti-aging & nutritional benefits of Vitamin C Ester, grape seed extract, pycogenol, Co-Q 10, Vitamin A, nourishing ginger & colloidal minerals. Strong anti-bacterial action, to brighten, refresh, & restore proper pH balance. Good for oily and acne prone skin. *4 oz. bottle*

*"This Glycolic Non Soap does wonders for my face. Also it has brought my hands back to life, gone is the dry scaly skin, my hands look fresh and new plus the dryness is gone. I will now use it all over my body."*  
– Sarah J. Illinois

